September 2016 WAKE UP! with School Breakfast - A GREAT way to start your day!

Week of 9/5	Monday	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
Choose 1 or 2 different items	Labor Day Holiday No School	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	
Choose Fruit or Juice or Both*	Daily choices vary: 100% Assorted Juice Cup + Fresh Apple, Apple Slices, Banana, Fruit Cups, and/or Raisin Box					
Got Milk?	Grab one if you like! Choose from variety of low fat milk options					

Week of 9/12	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
Choose 1 or 2 different items	Kellogg's Cereal Bar Cheese Stick /yogurt Assorted Cereals	Chortles Mini Grahams Cheese Stick / yogurt Assorted Cereals	Cheez-Its Cheese Stick / yogurt Assorted Cereals	Warm Banana Loaf Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	
Choose Fruit or Juice or Both*	Daily choices vary: 100% Assorted Juice Cup + Fresh Apple, Apple Slices, Banana, Fruit Cups, and/or Raisin Box					
Got Milk?	Grab one if you like! Choose from variety of low fat milk options					

<u>Week of 9/19</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
Choose 1 or 2 different items	Cocoa Krispies Granola Bar Cheese Stick /yogurt Assorted Cereals	Bug Bites Grahams Cheese Stick / yogurt Assorted Cereals	Asst. Pop Tarts Cheese Stick / yogurt Assorted Cereals	Warm Chocolate Donut Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	
Choose Fruit or Juice or Both*	Daily choices vary: 100% Assorted Juice Cup + Fresh Apple, Apple Slices, Banana, Fruit Cups, and/or Raisin Box					
Got Milk?	Grab one if you like! Choose from variety of low fat milk options					

Week of 9/26	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	
Choose 1 or 2 different items	Oatmeal Cereal Bar Cheese Stick /yogurt Assorted Cereals	Scooby Grahams Cheese Stick / yogurt Assorted Cereals	Nature Valley Crisps Cheese Stick / yogurt Assorted Cereals	Warm Muffin Cheese Stick / yogurt Assorted Cereals	Breakfast Assortment Cheese Stick / yogurt Assorted Cereals	
Choose Fruit or Juice or Both*	Daily choices vary: 100% Assorted Juice Cup + Fresh Apple, Apple Slices, Banana, Fruit Cups, and/or Raisin Box					
Got Milk?	Grab one if you like! Choose from variety of low fat milk options					

- ★ Breakfast is available every day for all students. When elementary bus drivers announce "Breakfast Time", students exit the bus and go to the cafeteria for breakfast.
- ★ Requirements for a School Breakfast: Students must take a minimum of 3 items of the 5 offered. *One item must be fruit or juice.
- ★ All grain items / cereals are Whole Grain Rich
- Reduced Price \$.25 / Full Price \$1.00 Pre-Paid accounts help us to better serve the children. Online accounts can be set up at myschoolbucks.com